Healthy Minds

Keeping the Mentally Ill
Healthy and Human

Mental illnesses are common. They are health conditions involving changes in thinking, emotion or behavior (or a combination of these). Mental illnesses are associated with distress and/or problems functioning in social, work or family activities.

A Few Types of Mental Illnesses

- Anxiety and Panic Disorders
- Bipolar Disorder
- Depression
- Eating Disorders
- Schizophrenia
- Substance Abuse and Addiction

Role of Montgomery County Probate Court for Mental Illness

- The Montgomery County Probate Court orders mental health services in either an outpatient or inpatient setting
- Every effort is made to provide treatment on a voluntary basis
- If voluntary treatment is refused, the Probate Court could provide involuntary commitment if the person has become a danger to themselves or other and are refusing voluntary treatment

HUEWS

High-Utilizer Early Warning System

It's like Doppler for mental health crises

Doppler radar technology has saved millions of lives by giving an early warning to people in the path of dangerous storms so they can take protective action.

What if a similar system could alert law enforcement to the risk of an impending mental health crisis in their community?

Who	What	Where	When	Why
Sheriff Police EMS 911 ED Staff Mental Health	Color-coded alert based on a consumer's past cumulative behaviors to determine likelihood of future crisis	Available on smartphones and other mobile devices for registered users	Key predictors are updated daily with data from each participating organization	Mental health consumers interact with a broad spectrum of organizations who are unable to share information vital to the consumers' overall treatment and recovery with each other

How – A predictive model based on historical data provided continuously from each partner

The Cost of Mental Illness

- Mental health costs are the largest single source of the health costs in the medical industries; larger than cardiovascular disease, chronic respiratory disease, cancer, or diabetes.
- Mental illness alone will account for more than half of the projected total economic burden from non-communicable diseases over the next two decades.

Humanizing Mental Illness patients in the Courtroom via Tele-Med Video

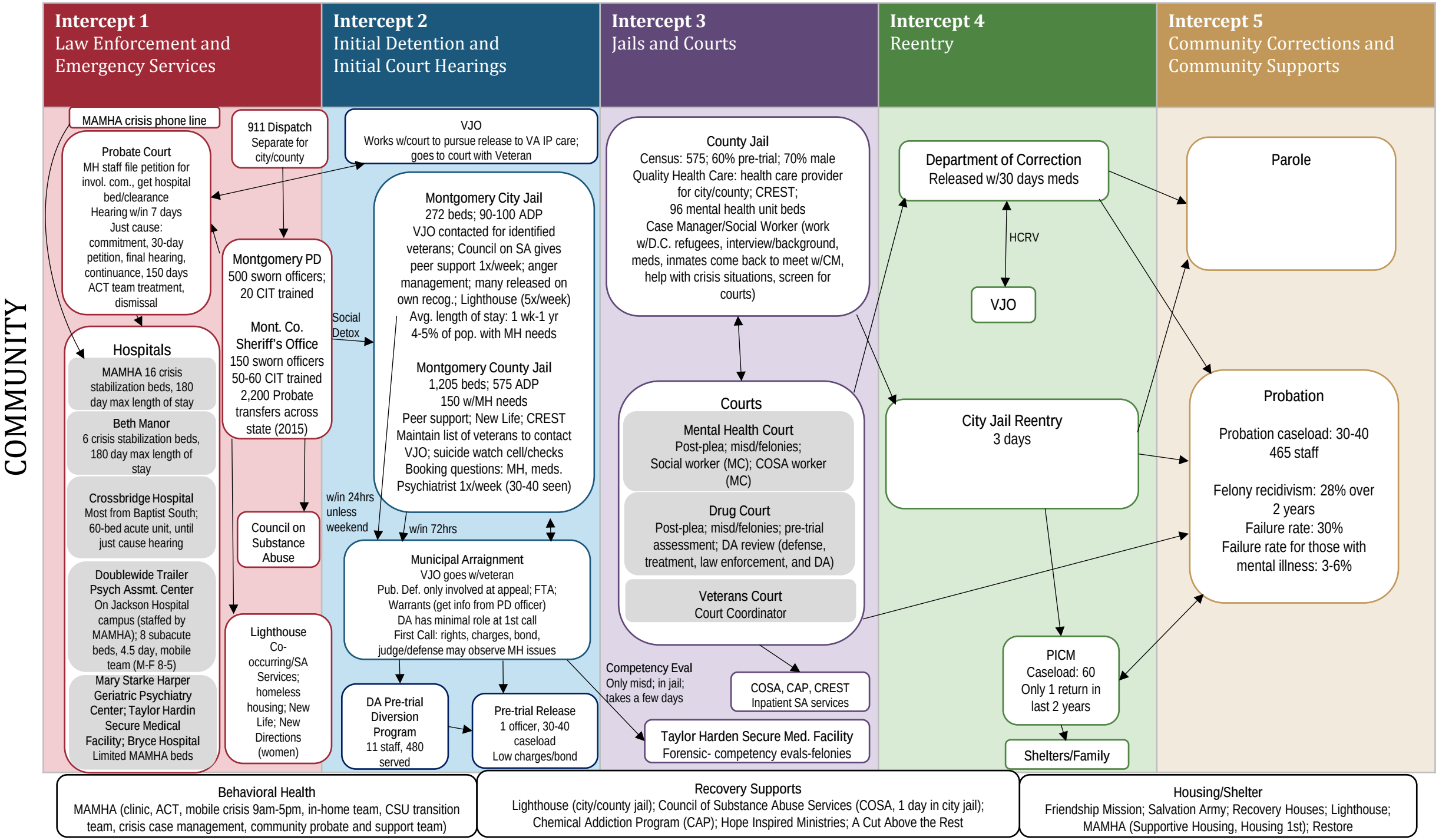
- Cost = $30,000.00
- Benefits
  - Keeps mentally ill patients from being treated like criminals
    - No longer being transported by sheriff's deputies
    - No longer being brought into court in hand cuffs

Humanizing Mental Illness patients in the Courtroom via Tele-Med Video (cont.)

- Lessens the stigma associated with mental illness
- Does not interrupt on-going treatments
- It is safer for patients and staff
- Save on cost of man power and transportation
- Expedites the commitment process

Reducing Recidivism

- The Post-Incarceration Case Management (PICM) Program was created by Montgomery County, AL Health Minds Network
- PICM:
  - ✓ Maintains staff of 3-4 dedicated case managers
  - ✓ Serves an average of 66 clients per month
  - ✓ Average monthly recidivism (percent of clients who returned to jail for any reason in a given month) is 2.8%
  - ✓ Unemployment rate of clients decreased from 59.3% in October 2016 to 38.5% in May 2017


Intercept 1
Law Enforcement and Emergency Services
Intercept 2
Initial Detention and Initial Court Hearings
Intercept 3
Jails and Courts
Intercept 4
Reentry
Intercept 5
Community Corrections and Community Supports
COMMUNITY
COMMUNITY
MAMHA crisis phone line
911 Dispatch
Separate for city/county
VJO
Works w/court to pursue release to VA IP care; goes to court with Veteran
Probate Court
MH staff file petition for invol. com., get hospital bed/clearance
Hearing w/in 7 days
Just cause: commitment, 30-day petition, final hearing, continuance, 150 days ACT team treatment, dismissal
Montgomery PD
500 sworn officers; 20 CIT trained
Mont. Co. Sheriff's Office
150 sworn officers
50-60 CIT trained
2,200 Probate transfers across state (2015)
Social Detox
Montgomery City Jail
272 beds; 90-100 ADP
VJO contacted for identified veterans; Council on SA gives peer support 1x/week; anger management; many released on own recog.; Lighthouse (5x/week)
Avg. length of stay: 1 wk-1 yr
4-5% of pop. with MH needs
Montgomery County Jail
1,205 beds; 575 ADP
150 w/MH needs
Peer support; New Life; CREST
Maintain list of veterans to contact VJO; suicide watch cell/checks
Booking questions: MH, meds.
Psychiatrist 1x/week (30-40 seen)
County Jail
Census: 575; 60% pre-trial; 70% male
Quality Health Care: health care provider for city/county; CREST;
96 mental health unit beds
Case Manager/Social Worker (work w/D.C. refugees, interview/background, meds, inmates come back to meet w/CM, help with crisis situations, screen for courts)
Department of Correction
Released w/30 days meds
HCRV
VJO
Parole
Hospitals
MAMHA 16 crisis stabilization beds, 180 day max length of stay
Beth Manor
6 crisis stabilization beds, 180 day max length of stay
Crossbridge Hospital
Most from Baptist South; 60-bed acute unit, until just cause hearing
Doublewide Trailer Psych Assmt. Center
On Jackson Hospital campus (staffed by MAMHA); 8 subacute beds, 4.5 day, mobile team (M-F 8-5)
Mary Starke Harper Geriatric Psychiatry Center; Taylor Hardin Secure Medical Facility; Bryce Hospital
Limited MAMHA beds
Council on Substance Abuse
Lighthouse
Co-occurring/SA Services; homeless housing; New Life; New Directions (women)
w/in 24hrs unless weekend
w/in 72hrs
Municipal Arraignment
VJO goes w/veteran
Pub. Def. only involved at appeal; FTA; Warrants (get info from PD officer)
DA has minimal role at 1st call
First Call: rights, charges, bond, judge/defense may observe MH issues
DA Pre-trial Diversion Program
11 staff, 480 served
Pre-trial Release
1 officer, 30-40 caseload
Low charges/bond
Courts
Mental Health Court
Post-plea; misd/felonies;
Social worker (MC); COSA worker (MC)
Drug Court
Post-plea; misd/felonies; pre-trial assessment; DA review (defense, treatment, law enforcement, and DA)
Veterans Court
Court Coordinator
Competency Eval
Only misd; in jail; takes a few days
COSA, CAP, CREST
Inpatient SA services
Taylor Harden Secure Med. Facility
Forensic- competency evals-felonies
City Jail Reentry
3 days
PICM
Caseload: 60
Only 1 return in last 2 years
Shelters/Family
Probation
Probation caseload: 30-40
465 staff
Felony recidivism: 28% over 2 years
Failure rate: 30%
Failure rate for those with mental illness: 3-6%
Behavioral Health
MAMHA (clinic, ACT, mobile crisis 9am-5pm, in-home team, CSU transition team, crisis case management, community probate and support team)
Recovery Supports
Lighthouse (city/county jail); Council of Substance Abuse Services (COSA, 1 day in city jail); Chemical Addiction Program (CAP); Hope Inspired Ministries; A Cut Above the Rest
Housing/Shelter
Friendship Mission; Salvation Army; Recovery Houses; Lighthouse; MAMHA (Supportive Housing, Housing 1st); Restore

Destigmatizing Mental Illness in the Minority Community

- Common mental health disorders among Minorities include:
  - ✓ Major depression
  - ✓ Attention deficit hyperactivity disorder (ADHD)
  - ✓ Suicide, among young African American men
  - ✓ Posttraumatic stress disorder (PTSD), because African Americans are more likely to be victims of violent crime
- Article

Why Mental Illness is not Reported by Minorities?

- Lack of information and misunderstanding about mental health
- Recognizing the signs and symptoms of mental health conditions, leading to underestimating the effects and impact of mental health conditions
- Distrust and misdiagnosis
- Socio-economic factors
- Article

The Why's and How's of Mental Illness in the Minority Community

How can we educate the Minority Community?

- Seek a doctor who has treated minority patients and are sensitive to their concerns regarding mental illness
- Understand the cultural competence of the minority concerns of the diagnosis of mental illness
- Understand how cultural backgrounds influence communication
- The treating physician should have a plan to integrate the beliefs of the patient in the treatment plan

The Why's and How's of Mental Illness in the Minority Community (cont.)

Montgomery County Mental Health Accomplishments

- 4 individuals now trained as CIT Instructors
- 29 individuals statewide now certified instructors
- Data Workgroup for collection and analysis
- Housing Workgroup
- Recognition at the national level – (SAMHSA) Substance Abuse and Mental Health Services Administration Best Practices. One of 14 counties selected from United States

Montgomery County Mental Health Accomplishments (cont.)

Montgomery County has also formed a Crisis Intervention Team

- The Crisis Intervention Team (CIT) program is a community partnership consisting of law enforcement officers, mental health providers and mental health consumers and family members.
- All community partners work together to understand mental illness, invest time and effort to avert crisis, work to de-escalate crisis and direct the consumer to appropriate care.

How Can We Help?

- Build a Mental Health Crisis Center similar to the Restoration Center in San Antonio, TX.
- Build more housing to transition mentally ill patients
- Data Sharing with local Police and Sherriff Offices.
- Job Placement
- Access to Medicine

Thank You!

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